



## daily specials

**See our display fridge for fresh wraps, salads, sushi rolls, chia cups, and much more!**

Enjoy these quick bites as you explore the beautiful Shambhala Gardens.

All served in compostable containers, and most include fresh ingredients from our organic veggie garden.

## from the kitchen

Served with a lush salad.

<b>samosas</b>	22
Two delicious locally-made samosas with homemade relish	
<b>frittata</b> <sup>(gf)</sup>	22
Roasted veggie and feta frittata with homemade relish	
<b>veggie lasagna</b> <sup>(gf)</sup>	22
Ricotta & spinach with tomato base	
<b>byron bay gourmet pie</b>	18
Please ask our friendly staff for the pie of the day	

## kids meals

<b>toasties</b>	
Cheese & Tomato	7
Vegemite	6
<b>samosa &amp; relish</b>	7

# cold drinks

## blended

### Watermelon Wonder

Fresh Watermelon, Pineapple & Mint

### Berry Mango Bliss

Frozen Berries, Frozen Mango, Coconut Water

### Banana Dairy Dream

Frozen Local Organic Bananas with Milk and Vanilla Ice Cream

regular

9

12

12

## iced

### Double shot with milk of your choice

Latte

7

Long Black

6

Chai

7

## milkshakes

Chocolate/Strawberry/Vanilla

regular

9

kids size

6

# hot drinks

## coffee

Latte

4.8

5.8

Cappuccino

4.8

5.8

Flat White

4.8

5.8

Piccolo

4.2

4.7

Mocha

5.3

6.3

## non-milk

Espresso

3.8

4

Long Black

4

4.7

## milk based

Hot Chocolate

4.8

5.8

Chai

5.3

6.3

Turmeric Latte

5.3

6.3

Baby Chino

2

## pot of tea

English Breakfast/Earl Grey/Peppermint/

5

Ginger Zing/Chai/Buddhas Tears