

**GYUTO MONKS OF TIBET- THE INFINITE PRESENT TOUR
CRYSTAL CASTLE 14 – 29 May 2011**

Daily Program of Activities

10.30am – 4.00pm

Week One

Saturday 14 May

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for Kids: Medicine Tree.
- 12.00 - 1.00 Meditation Series: Practice of Surrender.
- 2.00 - 3.00 Public talk: Magic of Metaphor
- 3.00 - 4.00 Jab Khru cleansing ceremony.

Sunday 15 May

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for Kids: Peace Calligraphy
- 12.00 - 1.00 Meditation Series: Mental Discipline
- 2.00 - 3.00 Tree of Life Ceremony
- 3.00 - 4.00 Jab Khru cleansing ceremony

Monday 16 May

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for Kids: Wish Fulfilling Gem
- 12.00 - 1.00 Meditation Series: Challenging Routine
- 2.00 - 3.00 Tantric Art: Painting Stupa Treasure Vases.
- 3.00 - 4.00 Jab Khru cleansing ceremony

Tuesday 17 May

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for Kids: Protective Skulduggery
- 12.00 - 1.00 Meditation Series: Dismantling Depression
- 2.00 - 3.00 Public talk: Happiness Management
- 3.00 - 4.00 Jab Khru cleansing ceremony

Wednesday 18 May

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for Kids: Happy Flags
- 12.00 - 1.00 Meditation Series: Undermining Anger
- 2.00 - 3.00 Public talk: Time of Our Life
- 3.00 - 4.00 Jab Khru cleansing ceremony

Thursday 19 May

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for Kids: Good Luck Scarf
- 12.00 - 1.00 Meditation Series: Realizing Stress
- 2.00 - 3.00 Public talk: Never Mind, Never Waste
- 3.00 - 4.00 Jab Khru cleansing ceremony

Friday 20 May

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for Kids: Tibetan Dolls
- 12.00 - 1.00 Meditation Series: Selfless Strength
- 2.00 - 3.00 Tantric Art: Making Mantras
- 3.00 - 4.00 Jab Khru cleansing ceremony

***Program presented by Gyuto House Australia
Gyuto Precious Items stall – all proceeds support Gyuto Monastery in India***

Week Two

Saturday May 21

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for Kids: Tibetan Sleep Protector.
- 12.00 - 1.00 Meditation Series: Dissolving Insecurity
- 2.00 - 3.00 Public talk: In Love with Love
- 3.00 - 4.00 Jab Khru cleansing ceremony

Sunday May 22

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for Kids: Energy Sticks
- 12.00 - 1.00 Meditation Series: Mind Body
- 2.00 - 3.00 Public talk: Born Independent - Never
- 3.00 - 4.00 Jab Khru cleansing ceremony

Monday 23 May

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for Kids: MYO Bookmarks
- 12.00 - 1.00 Meditation Series: No Hurry
- 2.00 - 3.00 Tantric Art : Painting Clay Buddhas
- 3.00 - 4.00 Jab Khru cleansing ceremony

Tuesday 24 May

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for kids: Blessing Bracelets
- 12.00 - 1.00 Meditation Series: Confident Humility
- 2.00 - 3.00 Public talk: Spirituality for Survival
- 3.00 - 4.00 Jab Khru cleansing ceremony

Wednesday 25 May

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for Kids: Peace Weaving
- 12.00 - 1.00 Meditation Series: Not Stuck in the Now
- 2.00 - 3.00 Public talk: Violent Patience
- 3.00 - 4.00 Jab Khru cleansing ceremony

Thursday 26 May

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for kids: Butter Sculpture
- 12.00 - 1.00 Meditation Series: Healing Heart
- 2.00 - 3.00 Public talk: Busyness is Luxury.
- 3.00 - 4.00 Jab Khru cleansing ceremony

Friday 27 May

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for kids: Tree of Knowledge
- 12.00 - 1.00 Meditation Series: Calming anxiety
- 2.00 - 3.00 Tantric Art: Wrapping Tsa Tsa Statues
- 3.00 - 4.00 Jab Khru cleansing ceremony

Saturday 28 May

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for kids: Meditation Mantras
- 12.00 - 1.00 Meditation Series: Picture perfect
- 2.00 - 3.00 Public talk: Knowledge of Wisdom
- 3.00 - 4.00 Jab Khru cleansing ceremony

Sunday 29 May

- 10.30 - 11.00 Morning Meditation.
- 11.30 - 12.30 Culture for kids: Fearless Amulet
- 12.00 - 1.00 Meditation Series: Infinite Present (Om Amarani Jivantiyeh So Ha)
- 2.00 - 3.00 Dissolution of the Mandala of Buddha Amitayus
- 3.00 - 4.00 Jab Khru cleansing ceremony.